

Past Life Melodies & beyond...

Inspiring choral music composed by Sarah Hopkins

Published by Morton Music (Australia) www.mortonmusic.com
& Sarah Hopkins: Music for the Soul (Aust) www.sarahhopkins.com

1) Honour the Earth (2000, revised 2009) 8 mins
(Note: a 4 min version is also available)

- for SA divisi or SATB divisi choir a cappella or accompanied (by Small Ensemble or Concert Band, Orchestra, String Orchestra or Cello Ensemble).

* **Note:** the accompaniment includes Harmonic Whirlies & optional Didgeridoo (in 'C')

Honour the Earth is an ideal piece for Festivals & whole school performances including massed choirs. It includes world music influences from Africa, Native America, Aboriginal & Mongolia (overtone singing). Given the importance of the environment its theme is contemporary & timely.

- Recent large scale performances include the 2006 Woodford Folk Festival (to an audience of 25,000 people) & the 2009 Coastal Sound International Choral Festival in Vancouver, Canada
- **Publishers:** Morton Music (Aust) & Sarah Hopkins: Music for the Soul (Aust)
- **CD:** Honour the Earth (Track 1) Music by Sarah Hopkins A\$25 (plus postage)

Choral Scores & Accompaniment Catalogue Numbers:

MM2025	Honour the Earth	SA divisi a cappella or accompanied	A\$4.95 ea
MM2026	Honour the Earth	SATB divisi a cappella or accompanied	A\$5.25 ea
SH 2011	Honour the Earth	Small Ensemble accompaniment: Score & parts	\$75
SH 2012	Honour the Earth	Orchestra with or without choir: Score & parts	A\$175
SH 2013	Honour the Earth	String Orchestra with or without choir: Score & parts	A\$100
SH 1015	Honour the Earth	Concert Band with or without Choir: Score & parts	A\$175
SH 1016	Honour the Earth	Cello Ensemble with or without choir: Score & parts	A\$75
SH 1017	Honour the Earth (II)	(shorter 4 min version) SA divisi a cappella or accomp.	A\$5 ea
SH 1018	Honour the Earth (II)	(shorter 4 min version) SATB divisi a cappella or accomp	A\$5 ea

* **All these items can be ordered from** www.sarahhopkins.com

* **Harmonic Whirlies:** celestial sounding musical instruments created by the composer Sarah Hopkins are used in **Honour the Earth**. They're available worldwide through www.harmonicwhirlies.com For this piece you'll need 5 Harmonic Whirlies (C5 x 2, C6 x1, A6 x2)

2) *Past Life Melodies* (1991) 7' 30"

- for Treble or Mixed voice choir a cappella or accompanied (by Full Orchestra or Concert Band, String Orchestra, or Cello Ensemble).

Note: The accompaniment includes Harmonic Whirlies (B5 & B6) & optional Didgeridoo ('B')

Past Life Melodies is Sarah Hopkins' most well known choral piece to date. It's the most performed Australian choral piece in the world!

Past Life Melodies is "a profound musical work which blends European antiquity with Aboriginal songlines and then transports one to Nepal, the roof of the world, where the monks are chanting". (Stuart Phillipot).

This iconic piece embraces several vocal techniques not traditionally used in Western choral music, namely open-throated chant singing, Aboriginal inspired chant and harmonic overtone singing.

The accompaniment versions work very well, featuring the Harmonic Whirlies in the final section, plus optional Didgeridoo (in 'B')

There have been many large scale performances of **Past Life Melodies**. It was performed as part of the Opening Ceremony of the Pan Pacific School Games, in the Sydney Olympic Stadium by massed school choir of 7,000 students with orchestra. **Past Life Melodies** was also performed at the Sixth World Symposium of Choral Music in Minneapolis in 2002.

- **Publishers:** Morton Music (Aust) & Sarah Hopkins: Music for the Soul (Aust)
- **CDs:** Teaching CD: 'Sarah Hopkins Rehearses Past Life Melodies' (MM3001) A\$28
 - Honour the Earth CD (Track 7) (NWCD 570) A\$25
 - Reclaiming the Spirit CD (CWCD777) A\$25

Choral Scores & Accompaniment Catalogue Numbers:

MM 2001	Past Life Melodies	Mixed Voices	A\$5.75 ea
MM 2003	Past Life Melodies	Treble Voices	A\$5.75 ea
SH 2004	Past Life Melodies	Treble Voices & 4 Celli: Score & parts plus photocopy licence for choral parts	A\$50
MM 2008	Past Life Melodies	Booklet: Rehearsing & Performing Past Life Melodies	A\$12.95
SH 2009	Past Life Melodies	Full Orchestra with or without choir: Score & parts set	A\$175
SH 2014	Past Life Melodies	String Orchestra with or without choir: Score & parts set	A\$100
SH 2015	Past Life Melodies	Concert Band with or without choir: Score & parts set	A\$175
SH 2017	Past Life Melodies	12 Celli with or without choir: Score & parts set	A\$75

3) *Return to Joy* (1995) approx 4 mins

- for Treble or Mixed Voices a cappella or accompanied (by any Treble ensemble).

Return to Joy is a jubilant celebration of life in song. This piece reflects Sarah's love of world music, particularly African chants. In *Return to Joy* floating crystalline chords pave the way for two chant melodies: a joyous 'forest song' which seems to literally 'dance' over the top of the sustained chords & later an 'earthly chant melody' fully of power & vigour. These two chants gradually interweave & interlock creating a vibrant joyous ending, which fades into the ether.

- **Publisher:** Morton Music (Aust)
- **CD:** Honour the Earth (Track 5) A\$25

Choral Score & Catalogue Numbers:

MM 2007	Return to Joy	Treble or Mixed Voices	A\$5.25 ea
SH 2000	Return to Joy	Treble Ensemble with or without choir: Score & parts	A\$50

4) *Hullayha* (2003/04)

- for SA divisi or SATB divisi choir a cappella or accompanied (by optional percussion, String Orchestra or Full Orchestra).

Hullayha (pronounced "hull-ay -ha") was originally part of a 30 minute selection of pieces composed by Sarah during 2003 for choir & orchestra "**Childers Shining**". She made this arrangement in 2004.

Sarah writes: "The opening melody of **Hullayha** sang through me late one night after I prayed to be uplifted to the highest level of Divine Love. I discovered later from a Jewish friend that the word 'a-le-ha' means 'blessings on her'. As the piece unfolds the soulful opening gradually transforms into abundant joy with chimes ringing in joyous celebration".

The optional percussion parts are for tambourine, concert chime bars & Djembe (or any 2 toned drum).

- **Publishers:** Morton Music & Sarah Hopkins: Music for the Soul
- **CDs:** Shining (Track5) Music by Sarah Hopkins A\$25
- Childers Shining A\$25

Choral Scores & Accompaniment Catalogue Numbers:

MM 2021	Hullayha	Mixed Voices	A\$5 ea
MM 2022	Hullayha	Treble Voices	A\$5 ea
SH 2024	Hullayha	String Orchestra with or without Choir: Score & parts	A\$60
SH 2025	Hullayha	Orchestra with or without Choir: Score & parts	A\$80

6) *Tinka Linka* (from **3 Songs from Childers Shining**) (2003) 1' 30"

- for Treble Voices SA divisi a cappella or accompanied (by keyboard, Harmonic Whirlies & percussion).

Tinka Linka is a very playful, joyous song of childlike innocence & delight. It celebrates the devas, the nature spirits! The choir sings in soul language "Tinka Linka, Coombyeah".... meaning Tinka Linka (nature spirit) come by here!" This is an ideal piece for Primary school choirs.

The optional accompaniment part is for keyboard (Vibraphone sound), 4 Harmonic Whirlies (F5, G5, F6 & G6), Concert bar chimes & Djembe (or any 2 toned drum).

- **Publisher:** Sarah Hopkins: Music for the Soul
- **CDs:** Shining (Track 3) A\$25
 - Childers Shining A\$25

Choral Scores & Accompaniment Details:

- **3 Songs from Childers Shining** for treble voices – Choral Score A\$6 ea
- Full score for Conductor & accompanist A\$18 ea
- 3 percussion parts A\$12 per set of parts

6) *Lament* (2003) 4' 20"

- for Mixed Voices SATB divisi a cappella or accompanied (by String Orchestra & Tubular Bell).

Lament is a scored for two choirs, staged to sing in clear antiphonal call & response. A baritone soloist (or small group or male signers) is also required.

*Sarah writes: **Lament** was birthed during a deep healing process. I had the flu and was led to voice and release all the grief I'd ever felt & the grief of humanity also... the horrors of war, torture, starvation & the senseless loss of life. Through expressing the grief it was released, which in turn led to healing and upliftment.*

In ***Lament*** the two choirs journey this healing path, one singing a 'grief chant' interspersed with a solo baritone's plaintive recitative, the other responding like a choir of Angels "Let it go..." Gradually, both choirs units in an uplifting melody, which leads to an ascending musical staircase representing healing, transformation & upliftment.

- **Publishers:** Morton Music & Sarah Hopkins: Music for the Soul
- **CD:** Childers Shining (Track 3) A\$25

Choral Scores & Accompaniment Catalogue Numbers:

MM 2020	Lament	SATB divisi choir part	A\$5 ea
SH 2023	Lament	String orchestra: Score & parts	A\$60

7) ***Ancient Forests Once Stood Here*** (2008) 8 mins

- For SATB or Male Voice Choir accompanied (by percussion, Harmonic Whirlies & optional Didgeridoo or by String Orchestra with Harmonic Whirlies & optional Didgeridoo in C & D).

Ancient Forests Once Stood Here is a powerful new piece which evokes the Dreamtime Spirit of Australia. Inspired by a clairvoyant's vision this piece includes the celestial sounds of the Harmonic Whirlies, the earthy drones of the Didgeridoo together with lyrical & triumphant melodies from the choir, plus harmonic overtone singing. It can be performed with or without String Orchestra.

- **Publisher:** Sarah Hopkins: Music for the Soul
- **CD:** Pemulwuy Festival CD Highlights (Track 10) (MP3 recording available on request)

Choral Scores & Accompaniment Catalogue Numbers:

SH 2051	Ancient Forests Once Stood Here	SATB choir	A\$5 ea
SH 2050	Ancient Forests Once Stood Here	Male Voice Choir	A\$5 ea
SH 2052	Ancient Forests Once Stood Here	Parts for 3 percussion & Didgeridoo	A\$5 (set)
SH 2053	Ancient Forests Once Stood Here	String Orchestra with or without Choir: Score & parts	A\$100
SH 2054	Ancient Forests Once Stood Here	Orchestra with or without Choir: Score & parts	A\$175

* Eight Harmonic Whirlies are used in this piece: (C5 x 2, D5, F5, G5, C6, G6 x 2) available from www.harmonicwhirlies.com

8) ***Many Lives Many Songs*** (2007) 5' 40"

- for SA divisi or SATB divisi choir with Harmonic Whirlies

Many Lives, Many Songs employs the celestial sounds of the Harmonic Whirlies together with vocal 'toning', Irish inspired melodies, a pygmy-like chant & harmonic overtone singing. It was commissioned by Vox Femina Los Angeles & premiered in March 2008.

- **Publisher:** Sarah Hopkins: Music for the Soul
- **CD:** USA CD 'Spirit, I am' – Vox Femina Los Angeles

Choral Scores & Harmonic Whirly Parts Catalogue Numbers:

SH 2061	Many Lives, Many Songs	SATB divisi choir	A\$5 ea
SH 2060	Many Lives, Many Songs	SA divisi choir	A\$5 ea
SH 2062	Many Lives, Many Songs	3 whirly parts	A\$5 (set)

* 6 Harmonic Whirlies are used in this piece: (B5, E5 x2, D5, B6, E6) available from www.harmonicwhirlies.com

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